

# Blue Mountain Escape

1264 Freezeland Road  
Linden

"Blue Mountain Escape is a unique 4-bedroom chalet, sitting on 7.5 acres of wooded mountainside with panoramic views of the Shenandoah Mountains and located just 60 miles west of Washington, DC. Blue Mountain Escape is a place to relax, revive, and rejuvenate from our everyday busy life."

**Green Statement:** "We decided to join Virginia Green in order to do our share to conserve the environment for our future and our children's future. Blue Mountain Escape will do its best to use locally produced products, promote local small businesses, and protect the natural wildlife habitat that we live in."

## CORE ACTIVITIES for Green Lodging



**Optional Linen Service.** Virginia Green Lodging facilities must have some sort of system in place that allows guests to not have their sheets and towels changed every day. This facility pledges that they:

- Have signage in each guest room explaining the linen reuse procedures
- Change linens only upon request
- Train housekeeping staff on process for optional linen service
- Track optional linen participation rate
- Purchase water- and energy-efficient washers and dryers
- Minimize use of bleach and chlorinated chemicals



**Recycling and Waste Reduction.** Virginia Green Lodging facilities must recycle and are highly encouraged to maintain a comprehensive recycling program. This facility pledges that they:

- Provide the opportunity for guests to recycle: glass bottles, plastic bottles, aluminum cans
- Have recycling bins located: in parking lot
- Also recycle cardboard

### Guest rooms

- Instruct housekeeping staff to save and reuse unopened items

### Kitchen (or meetings/events)

- Donate excess food from events

#### *Dining room (or meetings/events)*

- Do not use any disposable containers, dishware, cutlery, or cups
- Use cloth napkins
- Use reusable coffee filters
- Provide condiments, cream and sugar, etc. in bulk
- Use water pitchers to minimize the use of single-use bottles

#### *Office*

- Remove facility and staff names from junk mail lists when possible
- Reuse or donate shipping and packing supplies (peanuts, bubble wrap, etc.)
- Make double-sided photocopies and avoid making extra photocopies
- Use electronic correspondence and forms when possible

#### *Building and grounds*

- Properly recycle and/or dispose of thinners and solvents (required by law)
- Perform preventative maintenance on all appliances, HVAC systems, plumbing, and vehicles
- Use integrated pest management (IPM)
- Minimize use of pesticides and herbicides in landscaping



**Water Conservation.** The facility must have a plan for conserving water that should consider plumbing modifications and landscaping. This facility pledges that they:

#### *Activities indoors*

- Perform preventative maintenance to stop drips and leaks

#### *Activities outdoors*

- Have an effective landscape management plan that minimizes lawn areas
- Have an effective storm water management plan that includes minimization of impervious areas (paving, concrete, etc.)



**Energy Conservation.** The facility must have a plan in place that encourages replacement of lighting and equipment to energy-efficient alternatives. This facility pledges that they:

- Track overall energy bills
- Use ENERGY STAR's Benchmarking Tools for the Hospitality Industry

#### *Heating and cooling*

- Have installed ceiling fans
- Have installed ENERGY STAR-rated windows and doors
- Regularly perform preventative maintenance on HVAC system
- Have high efficiency heating & air conditioning (HVAC) systems

#### *Lighting*

- Use natural lighting
- Have adopted a policy/practice to turn off lights in unoccupied rooms

#### *Appliances and electronic devices*

- Use ENERGY STAR qualified appliances (commercial kitchens, heating and cooling, consumer electronics)
- Have adopted a policy / practice to turn off fans, computers, monitors and other devices in unoccupied rooms at the end of the workday or when otherwise not being used



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For more information on Blue Mountain Escape, see [www.bluemountainescape.net](http://www.bluemountainescape.net) or contact Dawn Greer at [contact@bluemountainescape.net](mailto:contact@bluemountainescape.net) or 703-517-6700.

**Virginia Green** is the Commonwealth of Virginia's campaign to promote environmentally-friendly practices in all aspects of Virginia's tourism industry. **Virginia Green Hotels and Lodging Facilities** have been thoughtfully planned and designed to minimize their impacts on the environment. This lodging has met the established "core activities" for **Green Lodging** and has committed to communicate its activities to its guests.

For more information on **Virginia Green** program, see [www.deq.virginia.gov/p2/viriniagreen](http://www.deq.virginia.gov/p2/viriniagreen) or [www.viriniagreentravel.org](http://www.viriniagreentravel.org).



Virginia Green is supported through a partnership between the Virginia Department of Environmental Quality, the Virginia Hospitality & Travel Association, and the Virginia Tourism Corporation.

